



# GENDARME



St. Louis Police Officers Association

The Official Publication of the ST. LOUIS POLICE OFFICERS ASSOCIATION, FRATERNAL ORDER OF POLICE - Lodge 68

Vol. 43 No. 1

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January 2013

## Ushering in a New Day Sam Dotson Takes the Reins as Chief of Police



**Doyle "Sam" Dotson**  
Chief



**Lt. Col. Alfred J. Adkins**  
Assistant Chief

ought to have a chief that can work with the rank-and-file as a team rather than take an adversarial posture with the union that represents them." Roorda concluded, "I'm convinced that Sam Dotson will be the collaborative leader that this department and this city need."

Shortly after his appointment to police chief, Dotson named Lt. Col. Alfred J. Adkins to the position of Assistant Chief. The union likewise praised Adkins' qualifications and willingness to work collaboratively. "Colonel Adkins is a well-respected, consummate professional and his appointment rounds-out a leadership team that the Association feels very optimistic about partnering with to advance the needs of the officers we

January 1 marked the beginning of a new era for the St. Louis Metropolitan Police Department.

Doyle "Sam" Dotson became the thirty-fifth Chief of the 152 year-old department with the beginning of the New Year, succeeding Chief Daniel Isom who had announced his retirement about two months earlier. Following an exhaustive promotional process, the Board of Police Commissioners unanimously approved the promotion of Dotson from Captain to Chief on December 14.

Dotson has worked in a number of positions throughout his 18 year career with the department including his time as an aide to Chief Joseph Mokwa, Chief of Staff to the Board of Police Commissioners and, most

recently, his detachment to the Mayor's Office to serve as the Director of Operations for the City.

Dotson's résumé is impressive and he was considered to be on the short-list for the chief's vacancy from the moment Isom announced his planned departure to accept a faculty position at UMSL.

The SLPOA lauded their relationship with the incoming Chief in a press release that followed the promotion announcement describing the union's relationship with Dotson as "a breath of fresh air" and calling him the Association's "go to guy" in the Slay administration.

Union Business Manager, Jeff Roorda, was quick to put the new chief on notice of what the rank-and-file expect from him though. "The men and women I

represent don't ask for much," said Roorda, "just a fair day's wage for a fair day's work; security in their employment and their retirement; and a voice in their working conditions and officer safety. Our cops on the street know better than anyone in the city how to go about making this community a safer place to work and live. They have a tremendous amount of insight and experience available to the leaders of the department in improving the crime fighting mission of this agency and we

represent," Roorda added.

**VALENTINE'S DANCE**  
**Feb. 16th**  
see page 16

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Feb. 3rd

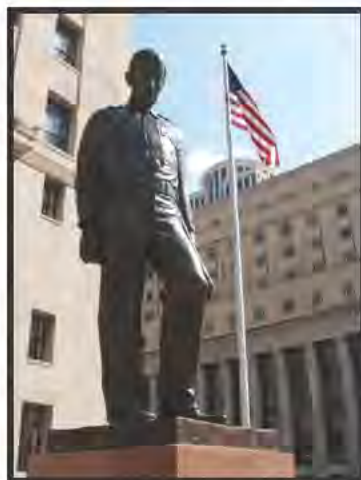
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Feb. 9th

**BARWICK NEWTON TEXAS HOLD'EM**  
Feb. 9th

**SOMO TRIVIA**  
Feb. 16th

*"In memory of the Saint Louis Metropolitan Police Officers who have given their lives in the performance of their duty."*

**During The Month Of January**



|                 |      |
|-----------------|------|
| Michael Gibbons | 1915 |
| Edward Spilcker | 1915 |
| James King      | 1920 |
| John Bohlen     | 1925 |
| Eward Lally     | 1927 |
| Roy Berry       | 1929 |
| John Walsh      | 1929 |
| Glennon Jasper  | 1964 |
| Nicholas Sloan  | 2004 |

**BE CAREFUL OUT THERE!**

**Fade Out**

Thank you for your service, and good luck in your future endeavors.

*The following officer(s) retired*

|                  | <u>Effective</u> | <u>Appointed</u> |
|------------------|------------------|------------------|
| Sgt Joseph Leman | 12/07/1987       | 12/03/2012       |
| PO Richard Ahern | 11/29/1993       | 12/31/2012       |

*There were no resignations during the month of December*



*Have a Happy and Safe New Year!*

3710 Hampton Ave. St. Louis, Missouri 63109 (314) 353-3200  
Annual Subscription of the Gendarme: \$8.00

Guidelines for Letters to the Editor: All letters to the editor must be signed and verifiable by phone or personal contact. Freedom of expression is guaranteed within the bounds of good taste and the limits of available space. Upon request the author's name may be withheld from publication and confidentiality is assured. The Gendarme takes no responsibility for the content of the letters in this section.

The Gendarme newspaper is the official publication of the St. Louis Police Officers' Association and is published in St. Louis. However, opinions expressed in this publication are not necessarily those of the SLPOA or the St. Louis Police Department.

Deadline for articles for the February 2013 issue is January 20th, 2013

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**Did You Know...**

By Barb Miksicek

In 1861, after becoming the St. Louis Metropolitan Police Department, the first Chief of Police, James McDonough, was not chosen from amongst the current officers, but was an upstanding citizen picked by the Board of Police Commissioners. Once he had served a term of office, he returned to his civilian job as the head of the city's first private detective agency. Three men, including our first chief, served as chief of police on three separate occasions. Chief McDonough was chief in 1861, 1870-1874 and 1875-1881. Chief Laurence Harrigan was the chief of police from 1874-1875, from 1884-1886 and from 1890-1898. Chief John Campbell was chief from 1882-1883, later in 1883 and finally from 1898-1901.



**James McDonough**  
1st Chief of Police

**GENDARME**

GENDARME is printed monthly

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*"The objective of the Saint Louis Police Officers Association shall be to advance the moral, social and material standing of the members of the Association by honorable and lawful means. As a labor organization the Association shall endeavor to achieve Collective Bargaining with Binding Arbitration."*  
(Preamble of the Association's Constitution and By-Laws)

**Veteran's Meeting**  
Jan. 9th, Feb. 13th  
11:30am

**Police Wives Meeting**  
Jan. 9th, Feb. 13th  
7pm

**General Membership Meeting**  
Jan.30th, Feb. 27th  
7pm

**MESSAGE FROM THE PRESIDENT**

By Dave Bonenberger, President  
 St Louis Police Officers Association  
[david.bonenberger@slpoa.org](mailto:david.bonenberger@slpoa.org) (314)353-3200  
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Congratulations to Chief Dotson on his recent promotion. Congratulations to former Chief Isom on his retirement. The New Year will bring with it a lot of change.

Change can be good and change can be bad. It all depends on how one looks at change and what the change is. I think we can all say that our department is in need of serious change. This change must come from the top and the bottom. We need to change things at the ground level and get back to some basics of police work.

One of the biggest things in need of change is the ridiculously low pay rate that our officers have. The last pay raise was in 2008, almost 5-years ago! Some want to change the pension benefits since that is such a hot button across the country. Let us not forget that our predecessors gave up commensurate pay scales to have better retirement benefits. The discussions about the proposed pension changes have



President  
 Dave Bonenberger

included the potential for a true pay raise. Unfreezing the pay matrix was not a pay raise. The matrix was not increased as we still have one of the lowest pay scales in the region. Along with that our out-of-pocket health insurance expenses did indeed increase. Go figure. Very soon we will begin negotiation with the department as they finally responded to our late August request for wage re-opener.

I hope to see a change in the caliber of our duty weapon. The **SLPOA U.S.E. (Uniform, Safety, and Equipment) Committee** conducted a very extensive bullet test last April. There were two calibers that passed the FBI test protocols and they were not 9mm. Some will, and have, argued that the tests we conducted were not in a laboratory and the results are not accurate. Our tests were conducted in the St. Louis climate in April at our range. I don't know how much more realistic it can get than being tested in our climate. And by the

way, the recent FBI laboratory test results almost mirror the results that we measured. The test results speak for themselves and it is time to change the caliber of our duty weapon.

It is time that this department makes serious change and becomes the leader in St. Louis law enforcement. We need to become more progressive and set the standard for others to follow. Instead of looking for other models and programs to follow, we need to become the model for others to follow. Someone once said **"Lead, follow, or get the hell out of the way."** We have been getting out of the way for quite a while now. It is time to **Lead!**

I would like to see more attendance at the monthly General Membership meeting. There is no reason not to have a large turn out. We are a **Labor Union** and unions have strong attendance at monthly meetings. I realize this is still new to us but we must learn how to behave like a union. Most unions have rules for attendance of meetings. All I can do is ask you to attend and get involved.

Please take a moment to remember the victims of the Newtown, Connecticut, tragedy. Our children are supposed to be safe when they are at school. Please take a moment to think about the families of the victims.



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Working with a team of financial professionals, I have helped numerous active and retired officers create a plan to achieve their financial goals.



**Matthew McDonough**

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**Officer Down Memorial Page**

Remembering All of Law Enforcement's Heroes

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**Officer Down Memorial Page**  
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## MESSAGE FROM THE BUSINESS MANAGER

By Jeff Roorda, Business Manager  
St Louis Police Officers Association  
jeff.roorda@slpoa.org (314)353-3200  
Visit us on the web at [www.slpoa.org](http://www.slpoa.org)

My Grandmother always told me, "don't whistle passed the graveyard." What she meant was don't celebrate the misfortune of others, don't kick a guy when he's down and don't wish ill fate on your enemies. In other words, be gracious.

Alright, Grandma, I get it.

In my role as business manager for the Association, I have been at odds with Chief Isom for virtually the entirety of the term of the Collective Bargaining Agreement. It's not the sort of adversarial relationship I had hoped for but given the novelty of collective bargaining to the department and the existing management culture within the administration, Collective Bargaining was not a change that was going to be easily accepted. I'll let you in on a little secret, I can also be a skosh adversarial when I'm fighting for the folks I represent so there may be a little bit of blame to spread around (Shhh! Don't tell Dan I said that).

In all seriousness, I wish Chief Isom well in his retirement and in his new position at UMSL.



Jeff Roorda  
Business Manager

Their Criminal Justice program is nationally recognized for academic achievement and I am confident that Chief Isom will be a great addition to a fantastic faculty.

So, that's the eulogy for our metaphorical funeral. Now, on to the two proverbial weddings.

The first is the Police Department's pending nuptials to the City. Yes, it's an arranged marriage but the Association was able to demand a pretty hefty dowry: State Control of the Pension with a majority of the Trustees comprised of retired and active officers; full-funding of the salary matrix; an iron-clad Collective Bargaining Agreement; and, safe haven in the state statutes for benefits like healthcare and residency among many, many others. We've talked enough about that. We'll just have to wait and see what happens after the honeymoon is over but I remain optimistic that we can make that marriage work.

The other wedding is the big news. Sam Dotson's

selection as police chief came as little surprise to anyone. Myself and many others at the Association saw Sam Dotson as the betrothed even before Chief Isom announced he was retiring. Knowing that it was really only a question of when he would be chief, not if, provide us the opportunity to court Sam on behalf of the Association. The courtship has by no means been a disappointment.

Chief Dotson seems to be genuinely interested in a collaborative relationship with the Association as the duly elected representative of the rank-and-file. He appears to understand that the Association has an important role to play in advocating for the officers of the department and in protecting their rights under the Collective Bargaining Agreement. He has interceded on behalf of the

Association time-and-time again in his position in the Mayor's office. Most of all, he understands that the Association makes a better friend than an enemy. That's a breath of fresh air.

Those of us that are married understand that it's not all orchids and carnations, though. There will be spats. There will be cold nights sleeping on the couch.

But, one thing's for sure, when both sides are trying to make it work, it almost certainly will.

That should be the Association's vow in both of these marriages, whether it be City Control or the new chief. We should and, as long as I'm here, will make an earnest effort to make these marriages work...so long as we have a partner that will love, honor and respect the police officers that we represent!



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## POLICE WORK 101

By William Boyd Kiphart II

# Who Protects Our Children?

This was certainly not my initial topic for this month, but Sandy Hook has changed me forever. As most of you know, I try to keep abreast and keep you all informed on trends in such incidents. The difference about the days following Sandy Hook has been the direction of my research. Usually I look at the details of an incident and try to find a way in which we can improve our tactics or thinking to address such issues when we encounter them. With Sandy Hook, I most inadvertently started looking at the history of school shootings not only in the United States but globally as well. I am not sure I have had a good nights sleep since.

Not one child has died as a result of a fire in a school in the last twenty five years, yet parents, officials and the law requires fire extinguishers and smoke alarms in our schools.

Yet, not counting any of this years tragedies, and just between the period of 1992-2010, **433** of our children were murdered **AT SCHOOL**, on school property and at school events. That is **24 children a year as an average murdered in our schools.** Numbers from the Bureau of Justice Statics, 2011. U.S. Department of Justice, Indicators off School Crime and Safety R e p o r t .

<http://bjs.ojp.usdoj.gov/content/pub/pdf/iscs11.pdf>

I have studied, analyzed and tracked ninety active shooter/bomber/killer cases back through 1982, 124 school specific incidents back to 1927, 114 of which have occurred since 1982. Let me be clear, **114 school shootings since 1992.** There were **157 deaths, mostly our children**, as a specific result of School House Active Shooters in this period. There were another 27 active shooters at universities with an additional **89 deaths attributed** to them; again mostly our children. You may not hear about some of these as often, if the shooter is stopped before killing or injuring someone, it is deemed not newsworthy. Thus far I have only been able to locate two instances where a murderer entered a location with prior knowledge of armed security or police and both are out side of the school house active shooter profile. One was the U.S. Capital shooting in 1998 and the other being the Kirkwood City Hall shooting in 2008, both revenge shootings by older males not fitting the school shooter profile or targeting children; this research is on going.

I have not located ANY Active Shooter/Murderers with the School House Shooter Profile that occurred with armed security or police assigned to that location.

And there are plenty of schools with such security or resident officers in place. Further, in places such as Texas and Oklahoma, just to name the big two, properly credential staff is permitted to carry **concealed** weapons and this is made publicly known. They have not had any Active Shooter incidents at any of these locations either; ever.



Many school active shooters commit suicide or surrender when challenged by authority, or are physically subdued. My research indicates that only about 10% of active shooter cases involve any resistance toward law enforcement or other intervention and this is nearly non-existent with the school house active shooter profiles.

When we talk about the School House Active Shooter/Killer Profile it is a combination of traits and circumstances that *generally* exist within these incidents. The shooter is most often a caucasian male, fourteen to seventeen years old with several incidents having them as young as eleven to thirteen and an occasional anomaly of a female. They typically have documented behavioral problems and are currently or previously been on drugs for such problems. In all cases the weapons are illegally possessed and in all but one case that I have found, illegally obtained. This profile also indicates that the classic Active School House Shooter is non-confrontational. This means they will not enter or engage targets in a location that presents armed resistance. These shooters specifically target children with adults in the school being collateral or secondary targets. They seek maximum child body count. They seek the "softest" or easiest target available, our children. They are exclusively students or past students at the location of the school shooting providing them legitimate access to the location. What this means in nearly every one of the 433 deaths, locked doors, security cameras or the like in no way could prevent the shootings. The classic profile also finds the offenders exposed to violence in video games, movies and real life violence prior to the Concrete Operational Stage of cognitive development, typically seven to eleven years of age. *NOTE: For great detail and insight on this dynamic and particularly if you are a parent, see "Stop Teaching our Kids to Kill" by COL Dave Grossman.*

Simply put, the profile of the active school shooter will not even attempt to go into a school if he knows armed security is in place. The evil murderers who pray on our children and the defenseless are **NON-CONFRONTATIONAL** and cowards by mental predisposition. They feed on fear the weak and defenseless and particularly those who run and/or hide and cower. This is how they feel their power. They will kill themselves, as is often the case, rather than be confronted by an armed adversary.

This is not a gun control issue or a mental health care issue. This is a school security issue and transcends locked doors and "stranger" drills; all good additions, but not the solution as we clearly see by these numbers. The Israeli Model for school security or that implemented by Russian school authorities after the attack in Beslan targets a different adversary than we face here, but the tactics and lessons learned with deaths of thousands of children are the same.

We protect our boarders, with armed professionals; we protect our money, banks and armored cars with armed officers. We protect our legal system and judges in court houses with police and armed security. That is why we do not have 433 dead judges in the same time period. We protect our government building with police and armed security which is why we do not have 433 dead representatives, senators, and congress people in the same period. We are beginning to protect our college campuses with armed officers. We protect many of our hospitals with armed officers. Why do we not protect our most valuable thing in this world, our defenseless innocent children to the same degree and commitment? As we have seen, police can not prevent something when they are summoned after it occurs, they must be there before to prevent it.

If there were 433 people murdered in your neighborhood, what would you want done? Yet you accept it in your schools with your children. Denial and hope is not a tactical defensive strategy. With the evil in this world, are you really ok with leaving your child unprotected. One gun in the hands of a trained professional would have not only ended the horrific event in Sandy Hook, but based on history and research, prevented it from ever occurring at Sandy Hook.

Here, let me make you as uncomfortable as I can. Do you believe this will happen again? Then, as you put your child on the bus, what is your thought? Are you praying and hoping it is someone **(Cont. on pg. 9)**



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# POLICE RETIREMENT SYSTEM UPDATE

By Mike Sack, Chairman  
Board of Trustees  
Police Retirement System of St Louis  
[www.stlouisprs.org](http://www.stlouisprs.org) (314)241-0800

## Working to Ensure Best Practices are Followed

" The opinions of the Police Retirement System are not necessarily the same of those of the Gendarme or the St. Louis Police Officers Association"



you remember, reported we needed to earn 12% to stay at 66% funded. This should help us out for the next year. We still have 4 more years in the rolling five year window to take the balance of about \$100M in losses.

Maintaining a good return over the next four years is extremely important.

The Investment Committee has been diligent in watching our managers and portfolio. We are well diversified and over the long haul have protected in the downturns and posted some respectable returns. We will

continue to work with our financial consultant to ensure best practices are followed in our asset allocation and manager selections.

On another note all the labor organizations have continued to meet regarding the recognized need to change our structure to ensure a sustainable defined benefit plan. It's the duty and responsibility of the PRS board to act in the best interest of the trust and we've sought to do that in this process. It is our goal

to pass a bill in Jefferson City this year which will put us on a path of sustainability. I commend all those who have spent countless hours and suffered through actuarial and financial reports to draft a package we can all live with.

Sincerely,  
Trustee/Chairman  
PRS of St. Louis  
Mike Sack

The PRS earned approximately 15% this past year. Those of you in DROP will see a little less than this on your balance sheet on October 1, 2013. The fees usually reduce this by about 1.5-2.0%. It's a great return. The accountant, if

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**PENSION CORNER**

by Tom Majda,  
SLPOA Pension Committee Chair

**Let's Keep Track of the Pension Reform Bill**

Below is what the Police Retirement System is preparing as a Pension Reform bill to be presented to the Missouri Legislature as soon as possible. They have sought the input of all labor groups and hope all will agree to accept the package.

The SLPOA E-Board has discussed the package and at the present time, there are no objections to supporting it. We will not, however, officially endorse it until such time as we are able to review the specific language of the bill. We also would like to see the results of the actuarial studies related to



the proposed changes to ensure the specific changes have the desired impacts and we are not depriving our members for too little gain. The actuarial information will then be reviewed by our hired actuary, Keith Kowalczyk, and accountant and we will include this information in pay raise conversations with the City. Hopefully we can get a quick decision from the City about how big of a raise they can accomplish considering their

savings related to Local Control and the switch to EAN.

Many members have expressed concern about switching to pre-tax contributions. We have also asked our actuary and accountant to produce an opinion paper regarding this aspect of the legislation. More to follow.

**MEMBERS HIRED AFTER EFFECTIVE DATE OF LEGISLATION**

1 – Minimum service retirement from 20 to 25 years with benefit (50% 3 yr. FAC) payment deferred to age 50. Benefit can be taken before age 50 at an actuarially reduced rate of 4% per year.

2 – Three year Final Average Compensation (FAC)

3 – Member (Pre-tax) contribution of 9% with 4.5% returned as lump sum upon retirement.

A. Members who voluntarily separate with less than 5 years of service will receive no return of contributions

B. Members who

voluntarily separate with more than 5 years but not yet vested (New Hire Vested = 25 YOS or age 55) will receive full refund of contributions + interest in the amount = to the 10-year US Treasury bill (as of September 30<sup>th</sup> each year) +1%, 6% max.

4 – No re-entry from DROP. The DROP interest rate will be the 10-year US Treasury bill (as of September 30<sup>th</sup> each year) +1%, 6% max.

5 – Maximum service retirement benefit stays at 75%, but YOS increased to 35. 30 year pension will be 70% with 1% added per year to 75% max.

6 – COLA increases after retirement lowered from 30% to 25% cap.

**ACTIVES – NON-VESTED (under 20 YOS & not yet age 55) ON EFFECTIVE DATE OF LEGISLATION**

1 – Increase member contribution to 9% with full return at retirement. Full return of contribution + the 10-year US Treasury bill (as of September 30<sup>th</sup> each year) +1%, 6% max. if separating prior to retirement.

A. Switch to pre-tax contributions.

2 – Two year Final Average Compensation (FAC) changed to three year FAC.

**ACTIVES – VESTED (20 YOS or age 55) ON EFFECTIVE DATE OF LEGISLATION**

There will be absolutely no changes to vested members. Contributions remain at 7% and FAC stays at 2 years.

**ENTIRE SYSTEM**

1 – DROP interest rate changed to the 10-year US Treasury bill (as of September 30<sup>th</sup> each year) +1%, 6% max. Vested members have a one-time option to choose this formula or continue to follow the System's rate of return.

2 – Reduce Ordinary Disability from 10 to 5 years.

3 – Switch to Kansas City model for disability applications.

4 – Switch to EAN (Entry Age Normal) cost method of valuation for the System.

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## Christmas Meeting and Lunch Dec 12, 2012 19 SLMPD Widows Attend as Our Guests 155 Members and Guests Present



Dear Dave

28 November 2012

As a former Police Officer in St. Louis, circa 1957 I want to let you know how very much I appreciate receiving the GENDARME newsletter each month, and particularly the recent invitation to the widows of former officers to Christmas dinner certainly caught my eye. As a recent widower, I know what it must mean to the wives of the officers departed, in the knowledge that the association will be there for them in their loss.

I recall only to well the top pay for a Patrol officer was something like 4,200.00 **per year**, and there was no overtime, court time or comp time, and for that we got three days off a month! As a matter of fact, beat men were NOT even issued handcuffs to use in the many OBS, felony arrests, ect. cases...talk about the city getting by on the cheap!

My first assignment was the old 7<sup>th</sup> (Magnolia) district in the 2<sup>nd</sup> precinct beat #11 which was Park to Chouteau, California to Compton (a real "Garden spot" spot of StL) my regular Sgt. was Henry Kramer who treated me great, particularly after my 9+ years in the Marine Corps. Certainly I had my share of dry-floaters, suicides by hanging, and all the other problems that we all endured each day on the beat...but we kept coming back, not because of, but in spite of the conditions of our employment.

With many fond memories of the men with whom I served, I am enclosing my personal check for \$250.00 to assist in defraying the expense of inviting the widowed wives of those deceased officers...God bless you and the association for this very deserved recognition of these wives knowing the association will be there for them when the time comes.

At eighty-two years old I am no longer able to attend the meetings, so mention my name to those of you who continue the fight for fairness in pay and benefits...and in case you see Calzona Hall (who was in my class in the academy) tell him "my trigger finger now is as limp as most of the rest of me!" (I was on the pistol team with John Dougherty, Frank Stubits et al) in those days.

Yours in patriotism,

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**VETERAN'S CORNER**

By George Ratermann, President  
 St Louis Police Veteran's Association  
 Web: [www.slpva.com](http://www.slpva.com) Email: [mail@slpva.com](mailto:mail@slpva.com)  
 Monthly Meetings: 2<sup>nd</sup> Wednesday of the Month

# Thank You For Attending

The Christmas Meeting and Luncheon with our Special Guests, the SLMPD Widows, was a success. Members and guests alike enjoyed the very short meeting, the delicious lunch prepared by Chef Dan Riley, and the time for extended visits.

Nineteen widows send us an RSVP by leaving a phone message and all nineteen were able to attend and enjoy the luncheon. Here's a list of the widows who attended with their husband name in parenthesis.

- Madelyn Sharp (Herbert)
- Eleanor Schmitt (Ralph)
- Loretta Richmond (Clarence)
- Connie Lasky (Ron)
- Glenda Davis (Larry)

- Alberta Doherty (John)
- Mary Strate (Don)
- Barbara Sheehan (Ray)
- Dorothy Kirner (Dan)
- Ellen Ray (Don)
- Doris Greishaber (Stephen)
- Virga Long (Adron)
- Delores Burton (Charles)
- Jackie Stoll (Frank)
- Carline Buchanan (Cecil)
- Mary Ann Enstall (Dale)
- Rose Jones (Ernest)
- Patty Hughes (Riley)
- Karen Wasem (Phil)

Thank you ladies for attending. We really enjoyed having you.

The SLPVA was surprised and happy to receive a letter from one of our Elder members, Gerald Maher. Gerald read in the Gendarme that the SLPVA was inviting the SLMPD widows to attend our December 12<sup>th</sup> luncheon and generously made a \$250 donation to defray the cost of their lunch. Gerald, we appreciate it. Your donation more than covered the widows' lunch and we're putting the balance aside for a future invitation to the widows to join us at a meeting or Cook Out. Read Gerald's letter, it's printed in this issue.

January is dues renewal time. If you don't have the automatic dues deduction from your January pension check you can pay your \$15 dues at the January meeting or by mailing a \$15 check payable to St. Louis

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## Who Protects Our Children? cont. from pg. 5

else's child that gets murdered next time? When you saw the news on Sandy Hook did you say "thank God that was not my child"? Because you understand what you are saying is that you are glad another child died and not yours. The time for denial is over; it is time for action to protect every child in this country.

Adding armed police or security of some type to schools is the ONLY way to stop this GROWING trend and it is growing exponentially. Each one of these offenders feeds off of the previous and seeks a higher body count and recognition. Gun control simply removes guns from those

who legally attain them which, in a school shooter profile will rarely if ever be the case.

Each and every one of us must start demanding and continue demanding that our most valuable asset to our lives and the future of our country be defended and protected to the same degree our judges, government officials and money is protected.

Send this to everyone you know, particularly non-law enforcement people and do not rest until our children are defended and protected every day

Comments or questions? Please call or email me.

| Year      | Total student, staff, and nonstudent school-associated violent deaths <sup>1</sup> | Homicides of youth ages 5-18     |                              | Suicides of youth ages 5-18 | Total suicides <sup>2</sup> |
|-----------|--|----------------------------------|------------------------------|-----------------------------|-----------------------------|
|           |  | Homicides at school <sup>3</sup> | Total homicides <sup>4</sup> |                             |                             |
| 1992-93   | 57   | 34                               | 2,719                        | 6                           | 1,680                       |
| 1993-94   | 48   | 29                               | 2,911                        | 7                           | 1,723                       |
| 1994-95   | 48   | 28                               | 2,691                        | 7                           | 1,767                       |
| 1995-96   | 53   | 32                               | 2,548                        | 6                           | 1,725                       |
| 1996-97   | 48   | 28                               | 2,210                        | 1                           | 1,633                       |
| 1997-98   | 57   | 34                               | 2,104                        | 6                           | 1,626                       |
| 1998-99   | 47   | 33                               | 1,791                        | 4                           | 1,597                       |
| 1999-2000 | 37s  | 14s                              | 1,566                        | 8s                          | 1,415                       |
| 2000-01   | 34s  | 14s                              | 1,501                        | 6s                          | 1,493                       |
| 2001-02   | 36s  | 16s                              | 1,494                        | 5s                          | 1,400                       |
| 2002-03   | 36s  | 18s                              | 1,538                        | 10s                         | 1,331                       |
| 2003-04   | 45s  | 23s                              | 1,459                        | 5s                          | 1,285                       |
| 2004-05   | 52s  | 22s                              | 1,545                        | 8s                          | 1,471                       |
| 2005-06   | 44s  | 21s                              | 1,687                        | 3s                          | 1,408                       |
| 2006-07   | 63s  | 32s                              | 1,796                        | 9s                          | 1,296                       |
| 2007-08   | 47s  | 21s                              | 1,740                        | 5s                          | 1,231                       |
| 2008-09   | 41s  | 17s                              | 1,579                        | 7s                          | 1,344                       |
| 2009-10   | 33s  | 17s                              | —                            | 1s                          | —                           |

Bureau of Justice Statics, 2011. U.S. Department of Justice, Indicators off School Crime and Safety Report

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# Gone, But Not Forgotten

We stand on the shoulders of those who have gone before us



### SA Jarrod Petrelli

It is with great sadness that we announce the passing of Special Agent Jarrod Petrelli, who died on Thursday December 6, 2012 at the age of 34. SA Petrelli was assigned to the FBI St Louis Field Division, and had been an agent for 4 years. Prior to becoming an FBI Agent, he served as a Police Officer on the east coast for the West Palm Beach, Broward County, and Amherst Police Departments. SA Petrelli was also a military veteran, serving in the United States Army. On Tuesday December 11, 2012, a Visitation was held at McDonald Funeral Home in Weymouth, MA. On Wednesday, a Service was held at St Clare's Church, followed by an Internment at Blue Hill Cemetery. For additional information on the life of SA Petrelli, please visit [www.findagrave.com](http://www.findagrave.com) Memorial#102326238.



### Sgt Robert Beeks

It is with great sadness that we announce the passing of Retired Sergeant Robert Beeks SR, who died (on his birthday) Wednesday December 26, 2012 at the age of 85. Sgt Beeks was last assigned to District 6, and retired in April 1986 after 30 years of service. Sgt Beeks was also a referee. He made history when he became the second black referee in professional football, and the first in the National Football League. During his NFL career, Sgt Beeks officiated five (5) Super Bowls. On Friday January 4, 2013, a Visitation was held at Washington Metropolitan AME Zion in the City of St Louis. On Saturday, a Service was held. Sgt Beeks's remains were cremated at his request. For additional information on the life of Sgt Beeks, please visit [www.findagrave.com](http://www.findagrave.com) Memorial#102840786.



### Maj Lawrence Akley

It is with great sadness that we announce the passing of Retired Major Lawrence Akley, who died on Wednesday December 12, 2012 at the age of 70. Maj Akley was last assigned as the Commander of the North Patrol Division (Area 3: Dist 6, 7, & 8), and retired in September 1990 after 28 years of service. On Monday December 17, 2012, a Visitation was held at Kutis Funeral Home in St Louis County, MO. On Tuesday, a Service was held in the Kutis South County Chapel, followed by an Internment at Mount Hope Cemetery Mausoleum and Crematory. For additional information on the life of Maj Akley, please visit [www.findagrave.com](http://www.findagrave.com) Memorial#102111721.



### PO William Eck

It is with great sadness that we announce the passing of Retired Police Officer William Eck SR, who died on Sunday December 30, 2012 at the age of 75. PO Eck was last assigned to District 4, and retired in May 1987 after 20 years of service. On Thursday January 3, 2013 a Visitation was held at Schrader Funeral Home in Eureka, MO. PO Eck's remains were cremated at his request. For additional information on the life of PO Eck, please visit [www.findagrave.com](http://www.findagrave.com) Memorial#102927518.



### Sgt Paul Neudecker

It is with great sadness that we announce the passing of Retired Sergeant Paul Neudecker, who died on Friday December 21, 2012 at the age of 73. Sgt Neudecker was last assigned to District 7, and retired in September 1991 after 31 years of service. Sgt Neudecker was a military veteran, and served in the United States Navy. Sgt Neudecker's remains were cremated at his request, with a private memorial to be held at a later date. For additional information on the life of Sgt Neudecker, please visit [www.findagrave.com](http://www.findagrave.com) Memorial#102430215.

A special thanks to Retired Police Officer Timothy "Tuna" Tumbrink who dedicates his time ensuring that the men and women of the St Louis Metropolitan Police Department are properly honored on "findagrave.com"

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Ted Hylla, Vice President (retired Major, St. Louis County PD)

*Stay Safe!*

**CHAPLAIN'S CORNER**

By Clarence Hines

# God in the City

*But seek the welfare of the city where I have sent you into exile, and pray to the LORD on its behalf, for in its welfare you will find your welfare (Jeremiah 29:7).*

Being a police officer in the City of St. Louis can feel like being exiled to an unknown land at times, depending on where you work or patrol. I can remember sensing the despair and hopelessness from so many citizens when I patrolled and worked as a patrolman in several neighborhoods of the city, both north and south. There were many days where I was challenged to my core wondering "where is God"? If you are anything like me, certainly this thought must have crossed your mind at least once or twice. I know there were times that I said silently in my heart, "Lord, don't



Clarence Hines

you see what's going on!" Then one day it hit me. God is very much alive and well in spirit and actively engaging his creation necessarily, freely and contingently. He has not left us to fend for ourselves as if he's some kind of cosmic boogeyman. God is working through all of wonderful resources he has given us to find peace and wholeness. He has given us doctors for healing, lawyers for justice, churches to grow spiritually, schools to teach us and even heroes to inspire us. Most of all, and the greatest of all, in my opinion, is the Police

Officer, Gods masterpiece, to protect us. God's gift of Law Enforcement to humankind clearly exemplifies Gods love for justice and his people.

I realized that God is working in partnership with the police community to provide a sense of help, hope and healing to the people we serve. In my opinion there is no greater purpose than that, and it gives me a great sense of hope and day by day increases my hearts affection for Police Officers.

In light of the recent unspeakable school shooting tragedy in Connecticut, I have committed personally to praying for our city; specifically, for the safety of all the great police officers who do such an excellent job, in spite of the many internal

department obstacles which at times can prevent them from doing their jobs to the fullest.

The future success of this city and our country depend heavily on not only the patriotic commitment of its citizens, but on the prayers of its servants and leaders, including the police community.

Please join me in a commitment to continually pray for our city, country and its leaders. Most of all lets pray for each other.

May Gods grace and peace always be with you.

Reverend Clarence E. Hines  
Police Chaplain  
(Sgt. SLMPD, Ret.)  
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**HEALTH AND FITNESS**

By Colleen Rossomanno  
Exercise Physiologist MS, HFS, ACSM

# The Healthy Heart

"Always consult your physician before beginning an exercise or nutritional program"

Many people do not realize that regular exercise reduces the risk of developing heart disease by 45 percent. It is important to learn about the benefits exercise offers the cardiovascular system and how to establish an appropriate routine for each individual.

Inactivity is one of the four major risk factors for coronary artery disease, on par with smoking, unhealthy cholesterol and high blood pressure. Bicycling is a good example of cardiovascular activity, meaning it uses the same muscle group rhythmically for 15 to 20 minutes at 60 percent to 80 percent of the maximum heart rate.

Regular moderate aerobic exercise,

such as cycling, has the following benefits:

- Lowers heart rate and blood pressure by keeping arteries elastic, which in turn ensures

blood flow and normal blood pressure.

- Heart becomes stronger, enabling it to pump more blood with every beat and sustain its maximum level

the following results:

- More energy.
- Reduces stress and eases relaxation.
- Improves self-image.
- Increases the resistance to fatigue.
- Helps counter anxiety and depression.
- Enhances the ability to fall asleep quickly and wake up well rested.



Pay attention to how the body feels while exercising. If there are aches and pains in the muscles or joints, the body is working too hard. Rest a couple of days between workouts. Rest will decrease the chance of injury. If a person has an existing heart condition or belongs to a high-risk group, make

with less strain.

- Improves blood-clotting factors and opens up the blood vessels.
- Improves cholesterol by raising HDL (good cholesterol) levels.
- Lowers blood sugar levels and reduces the risk of diabetes.
- The body uses oxygen more efficiently, reducing the rate at which the heart needs to rest.

sure they consult a doctor before beginning any exercise program.

If at any point before, during or after a workout the following experiences occur, stop immediately and consult a doctor:

- Shortness of breath
- Cold sweat
- Sudden pain in the upper body

By following an exercise program appropriate to an individual's level of fitness, anyone can sweat his or her way to a healthy heart.

The American Heart Foundation says that regular physical activity can produce

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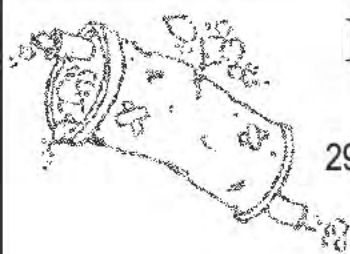
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**HEROES BEHIND THE BADGE MOVIE SCREENING**

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JANUARY 16<sup>th</sup>, 2013

**First Screening:** Movie Starts at 6:30 p.m.  
Doors open at 6 p.m.

**Second Screening:** Movie starts at 8:00 p.m.  
Doors open at 7:30 p.m.

\$10.00 a ticket, in advance, \$15.00 a ticket at the door.  
(Door sales will accept checks and cash only. Make check payable to: The St. Louis Police Wives Association.)  
Guest attending this event will receive a 12% discount at Concession!  
All proceeds will be donated to the National Law Enforcement Officer Memorial Fund and Missouri C.O.P.S. (Concern of Police Survivors)

To purchase tickets, please visit the Wehrenberg Ronnies 20 Theatre website or Heroes Behind the Badge website:  
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[WWW.HEROESBEHINDTHEBADGESTL.EVENTBRITE.COM](http://WWW.HEROESBEHINDTHEBADGESTL.EVENTBRITE.COM)

Many Thanks to Ronnie's 20 Wehrenberg Theatre for donating the space for our screening.  
Contact [heroesbehindth badge@slpoa.com](mailto:heroesbehindth badge@slpoa.com) for more information.

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# GENDARME



St. Louis Police Officers Association

The Official Publication of the ST. LOUIS POLICE OFFICERS ASSOCIATION, FRATERNAL ORDER OF POLICE - Lodge 68

| JANUARY 2013 |   |                     |  |          |              |          |
|--------------|---|---------------------|--|----------|--------------|----------|
| SUNDAY       | MONDAY                                    | TUESDAY             | WEDNESDAY  | THURSDAY | FRIDAY       | SATURDAY |
|              |   | 1<br>NEW YEAR'S DAY | 2  | 3        | 4<br>PAYDAY  | 5        |
| 6            | 7   | 8                   | 9<br>VETERAN'S MTG 11:30AM<br>POLICE WIVES MTG 7PM                 | 10       | 11           | 12       |
| 13           | 14  | 15                  | 16<br>BOARD OF POLICE COMMISSIONERS MEETING 9:30 AM<br>DMLK PARADE | 17       | 18<br>PAYDAY | 19       |
| 20           | 21<br>DR. MARTIN LUTHER KING DAY OBSERVED | 22                  | 23   | 24       | 25           | 26       |
| 27           | 28  | 29                  | 30<br>GENERAL MEMBERSHIP MEETING                                   | 31       |              |          |

| FEBRUARY 2013          |                       |                   |   |                       |              |  |
|------------------------|-----------------------|-------------------|---|-----------------------|--------------|--|
| SUNDAY                 | MONDAY                | TUESDAY           | WEDNESDAY   | THURSDAY              | FRIDAY       | SATURDAY   |
|                        |                       |                   |   |                       | 1<br>PAYDAY  | 2  |
| 3<br>BARKUS DAY PARADE | 4                     | 5                 | 6   | 7                     | 8            | 9<br>MARDI GRAS PARADE<br>BARWICK/NEWTON TEXAS HOLD'EM |
| 10                     | 11                    | 12<br>FAT TUESDAY | 13<br>VETERAN'S MTG 11:30AM<br>POLICE WIVES MTG 7PM | 14<br>VALENTINE'S DAY | 15<br>PAYDAY | 16<br>VALENTINE'S DANCE<br>SOMO TRVIA                  |
| 17                     | 18<br>PRESIDENT'S DAY | 19                | 20<br>BOARD OF POLICE COMMISSIONERS MEETING 9:30 AM | 21                    | 22           | 23   |
| 24                     | 25                    | 26                | 27<br>GENERAL MEMBERSHIP MEETING                    | 28                    |              |  |

| MARCH 2013  |        |         |   |          |              |                                       |
|---|--------|---------|---|----------|--------------|---------------------------------------|
| SUNDAY  | MONDAY | TUESDAY | WEDNESDAY   | THURSDAY | FRIDAY       | SATURDAY                              |
|   |        |         |   |          | 1<br>PAYDAY  | 2                                     |
| 3   | 4      | 5       | 6   | 7        | 8            | 9                                     |
| 10<br>DAYLIGHT SAVINGS BEGINS                       | 11     | 12      | 13<br>VETERAN'S MTG 11:30AM<br>POLICE WIVES MTG 7PM | 14       | 15<br>PAYDAY | 16<br>DOWNTOWN ST. PAT'S RUN & PARADE |
| 17<br>ST. PATRICK'S DAY<br>DOGTOWN HIBERNIAN PARADE | 18     | 19      | 20<br>BOARD OF POLICE COMMISSIONERS MEETING 9:30 AM | 21       | 22           | 23                                    |
| 24  | 25     | 26      | 27<br>GENERAL MEMBERSHIP MEETING                    | 28       | 29<br>PAYDAY | 30                                    |
| 31<br>EASTER  |        |         |   |          |              |                                       |

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